North High School P.E. Procedures

1. *Students will have 5 minutes to change in the locker room after the second bell.*
2. *Students will go to their assigned line upon entering the gym for attendance.*
3. *Warm Up Jog*
4. *Stretching*
5. *Activity*
6. *Cool Down/Closure*
7. *Students will have 5 minutes to change back into their clothes before the bell rings.*